



2023 DECEMBER

HOLIDAY ICE

WED
27

JUNIOR

9 AM - 10 AM

SENIOR

10 AM - 11 AM

THU
28

JUNIOR

9 AM - 10 AM

SENIOR

10 AM - 11 AM

FRI
29

JUNIOR

9 AM - 10 AM

SENIOR

10 AM - 11 AM

All sessions located at Killarney Rink
For club CompSTAR members only

@KILLARNEYFSC



Winter 2024 Schedule Junior



Day	Time	Session Type	Dates	No Session	Weeks	Price
Monday	04:30 PM - 04:45 PM	Group Enrichment				
	04:45 PM - 05:00 PM	Spins	Jan 8 - Mar 18		10	\$143.00
	05:00 PM - 05:45 PM	Freeskate		Feb 19		
	05:55 PM - 06:10 PM	Jump Off-Ice	Jan 8 - Mar 11		9	\$16.00
	06:15 PM - 07:00 PM	Stretch Off-Ice				\$48.00
Tuesday	03:15 PM - 04:15 PM	Open Freeskate	Jan 2 - Mar 19	-	12	\$137.00
	04:25 PM - 05:10 PM	Open Jump Off-Ice				\$63.00
Wednesday	04:30 PM - 04:45 PM	Group Enrichment				
	04:45 PM - 05:00 PM	Spins	Jan 3 - Mar 20	-	12	\$171.00
	05:00 PM - 05:45 PM	Freeskate				
	06:15 PM - 07:00 PM	Fitness Off-Ice	Jan 10 - Mar 13	-	10	\$53.00
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Jan 4 - Mar 21	-	12	\$59.00
Friday	06:30 AM - 08:00 AM	Open Freeskate	Jan 5 - Mar 22	-	12	\$59.00
Saturday	01:45 PM - 02:00 PM	Group Enrichment	Jan 6 - Mar 23	-	12	\$171.00
	02:00 PM - 03:00 PM	Freeskate				
	03:15 PM - 04:15 PM	Pilates Off-Ice	Jan 13 - Mar 16	Feb 17	9	\$63.00
Sunday	08:30 AM - 09:45 AM	Open Freeskate				
	09:45 AM - 10:00 AM	Group Enrichment	Jan 7 - Mar 24	Feb 18	11	\$188.00
	10:10 AM - 10:40 AM	Open Jump Off-Ice				\$39.00

Last updated: Nov 13, 2023

Winter 2024 Schedule Senior



Day	Time	Session Type	Dates	No Session	Weeks	Price
Monday	05:15 PM - 06:15 PM	Stretch Off-Ice	Jan 8 - Mar 11	Feb 19	9	\$63.00
	06:20 PM - 06:35 PM	Jump Off-Ice				\$16.00
	06:45 PM - 07:00 PM	Spins	Jan 8 - Mar 18 *		10	\$200.00
	07:00 PM - 08:15 PM	Freeskate				
	08:15 PM - 08:30 PM	Group Enrichment				
Tuesday	03:15 PM - 04:15 PM	Open Freeskate	Jan 2 - Mar 19	-	12	\$137.00
	04:25 PM - 05:10 PM	Open Jump Off-Ice				\$63.00
Wednesday	05:15 PM - 06:15 PM	Fitness Off-Ice	Jan 10 - Mar 13	-	10	\$70.00
	06:45 PM - 07:00 PM	Spins	Jan 3 - Mar 20 *	-	12	\$240.00
	07:00 PM - 08:15 PM	Freeskate				
	08:15 PM - 08:30 PM	Group Enrichment				
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Jan 4 - Mar 21	-	12	\$59.00
Friday	06:30 AM - 08:00 AM	Open Freeskate	Jan 5 - Mar 22	-	12	\$59.00
Saturday	02:00 PM - 03:00 PM	Pilates Off-Ice	Jan 13 - Mar 16	Feb 17	9	\$63.00
	03:15 PM - 04:15 PM	Freeskate	Jan 6 - Mar 23	-	12	\$206.00
	04:15 PM - 04:45 PM	Group Enrichment				
Sunday	08:30 AM - 09:45 AM	Open Freeskate	Jan 7 - Mar 24	Feb 18	11	\$188.00
	09:45 AM - 10:00 AM	Group Enrichment				
	10:10 AM - 10:40 AM	Open Jump Off-Ice				\$39.00

* Jan 3, Mar 18 & Mar 20 sessions start 1 hour earlier (5:45pm - 7:30pm)

Last updated: Nov 13, 2023

Spring 2024 Schedule Junior



Day	Time	Session Type	Location	Dates	No Session	Weeks	Price
Monday	06:30 AM - 08:00 AM	Open Freeskate	Sunset	Apr 8 - Jun 17	-	11	\$54.00
Tuesday	06:30 AM - 08:00 AM	Open Freeskate	Sunset	Apr 2 - Jun 18	-	12	\$59.00
Wednesday	04:45 PM - 05:00 PM	Group Enrichment	Sunset	Apr 3 - Jun 19	-	12	\$171.00
	05:00 PM - 06:00 PM	Freeskate					\$84.00
	06:15 PM - 07:15 PM	Fitness Off-Ice					\$84.00
Thursday	05:15 PM - 06:15 PM	Flexibility Off-Ice *	Hillcrest	Apr 4 - Jun 20	-	12	\$84.00
	06:30 PM - 06:45 PM	Group Enrichment					\$137.00
	06:45 PM - 07:30 PM	Freeskate					
Saturday	03:45 PM - 04:00 PM	Group Enrichment	Sunset	Apr 6 - Jun 22	Apr 13	11	\$157.00
	04:00 PM - 05:00 PM	Freeskate					\$77.00
	05:15 PM - 06:15 PM	Pilates Off-Ice					
Sunday	09:00 AM - 09:15 AM	Group Enrichment	April 7, 21, 28 @ Planet Ice Delta on Legends Rink May 5 @ Planet Ice Coquitlam on Rink 2 May 12 ** @ Planet Ice Delta on Legends Rink May 26 @ Planet Ice Coquitlam on Rink 2 June 16, 23 @ Planet Ice Delta on American Rink			8	\$92.00
	09:15 AM - 10:00 AM	Open Freeskate					
	10:00 AM - 11:00 AM	Open Freeskate					\$114.00
	11:00 AM - 11:15 AM	Group Enrichment					
	11:30 AM - 12:00 PM	Jump Off-Ice					\$28.00

* Off-Ice is in **Room 328** and May 16 off-ice shifts 15 minutes earlier (5:00pm - 6:00pm).

** Sunday May 12 sessions at PI Delta shifts 1 hour earlier (8:00am - 11:00am).

Addresses: **Sunset Arena**
390 E 51st Ave, Vancouver, BC V5X 1C5

Hillcrest Arena
4575 Clancy Loranger Way, Vancouver, BC V5Y 2M4

Planet Ice Delta
10388 Nordel Ct, Delta, BC V4G 1J7

Planet Ice Coquitlam
2300 Rocket Way, Coquitlam, BC V3K 6Z2

Last updated: April 2, 2024

Spring 2024 Schedule Senior



Day	Time	Session Type	Location	Dates	No Session	Weeks	Price
Monday	06:30 AM - 08:00 AM	Open Freeskate	Sunset	Apr 8 - Jun 17	-	11	\$54.00
Tuesday	06:30 AM - 08:00 AM	Open Freeskate	Sunset	Apr 2 - Jun 18	-	12	\$59.00
Wednesday	05:00 PM - 06:00 PM	Fitness Off-Ice					\$84.00
	06:15 PM - 07:15 PM	Freeskate	Sunset	Apr 3 - Jun 19	-	12	\$171.00
	07:15 PM - 07:30 PM	Group Enrichment					
Thursday	06:15 PM - 07:15 PM	Flexibility Off-Ice *					\$84.00
	07:30 PM - 07:45 PM	Spins	Hillcrest	Apr 4 - Jun 20	-	12	\$206.00
	07:45 PM - 08:45 PM	Freeskate					
	08:45 PM - 09:00 PM	Group Enrichment					
04:00 PM - 05:00 PM	Pilates Off-Ice						
Saturday	05:15 PM - 05:30 PM	Spins	Sunset	Apr 6 - Jun 22	Apr 13	11	\$189.00
	05:30 PM - 06:30 PM	Freeskate					
	06:30 PM - 06:45 PM	Group Enrichment					
Sunday	09:00 AM - 09:15 AM	Group Enrichment	There are a total of 8 dates for Sunday ice: April 7, 21, 28 @ Planet Ice Delta on Legends Rink May 5 @ Planet Ice Coquitlam on TBA May 12 ** @ Planet Ice Delta on Legends Rink May 26 @ Planet Ice Coquitlam on TBA June 16, 23 @ Planet Ice Delta on American Rink				\$92.00
	09:15 AM - 10:00 AM	Open Freeskate					
	10:00 AM - 11:00 AM	Open Freeskate					\$114.00
	11:00 AM - 11:15 AM	Group Enrichment					
	11:30 AM - 12:00 PM	Jump Off-Ice					\$28.00

* Off-Ice is in **Room 328** and May 16 off-ice shifts 15 minutes earlier (6:00pm - 7:00pm).

** Sunday May 12 sessions at PI Delta shifts 1 hour earlier (8:00am - 11:00am)

Addresses: **Sunset Arena**
390 E 51st Ave, Vancouver, BC V5X 1C5

Hillcrest Arena
4575 Clancy Loranger Way, Vancouver, BC V5Y 2M4

Planet Ice Delta
10388 Nordel Ct, Delta, BC V4G 1J7

Planet Ice Coquitlam
2300 Rocket Way, Coquitlam, BC V3K 6Z2

Last updated: April 2, 2024

Summer 2024 Schedule Junior

Day	Time	Session Type	Location	Dates	Weeks	Price
Monday	12:15 PM - 01:15 AM	Jump Off-Ice				\$28.00
	01:30 PM - 02:15 PM	Freeskate	Killarney	Jul 15 - Aug 5	4	\$46.00
	02:15 PM - 02:30 PM	Group Enrichment *				
Tuesday	03:00 PM - 03:45 PM	Jump Off-Ice	Britannia	Jul 2 & Jul 9	2	\$11.00
	04:00 PM - 05:00 PM	Freeskate				\$23.00
	04:00 PM - 04:45 PM	Ballet Off-Ice			\$21.00	
	05:00 PM - 05:15 PM	Group Enrichment	Killarney	Jul 16 - Aug 6	4	\$57.00
	05:15 PM - 06:15 PM	Freeskate				
Wednesday	05:30 PM - 06:30 PM	Fitness Off-Ice				\$42.00
	06:45 PM - 07:00 PM	Group Enrichment	Sunset	Jul 3 - Aug 7	6	\$69.00
	07:00 PM - 07:45 PM	Freeskate				
Thursday	04:00 PM - 05:00 PM	Stretch Off-Ice				\$28.00
	05:15 PM - 05:30 PM	Group Enrichment	Killarney	Jul 18 - Aug 8	4	\$46.00
	05:30 PM - 06:15 PM	Freeskate				
Friday	08:00 AM - 08:45 AM	Open Freeskate				\$35.00
	08:45 AM - 09:30 AM	Open Freeskate	Killarney	Jul 19 - Aug 9	4	\$46.00
	09:30 AM - 09:45 AM	Open Group Enrichment				
	10:00 AM - 10:45 AM	Open Jump Off-Ice			\$21.00	
	05:15 PM - 06:15 PM	Pilates Off-Ice	** Sunset & Killarney	Jul 5 - Aug 9	6	\$42.00
	06:45 PM - 07:30 PM	Freeskate				

* Group Enrichment is together with the Senior skaters.

** July 5 & 12 will take place at Sunset Arena, with the remaining at Killarney Rink for the rest of the term.

Addresses:

Killarney Rink
6260 Killarney St, Vancouver, BC V5S 2X7

Britannia Rink
1661 Napier St, Vancouver, BC V5L4X4

Sunset Arena
390 E 51st Ave, Vancouver, BC V5X 1C5

Off-Ice Locations	
Jump	rinkside
Ballet	rm 151
Fitness	upstairs
Stretch	rm 203
Pilates	rm 203

Last updated: June 19, 2024

Summer 2024 Schedule Senior

Day	Time	Session Type	Location	Dates	Weeks	Price
Monday	02:15 PM - 02:30 PM	Group Enrichment *	Killarney	Jul 15 - Aug 5	4	\$57.00
	02:30 PM - 03:30 PM	Freeskate				
	03:45 PM - 04:45 PM	Jump Off-Ice				
Tuesday	05:00 PM - 06:00 PM	Freeskate	Britannia	Jul 2 & Jul 9	2	\$23.00
	06:15 PM - 07:00 PM	Jump Off-Ice				
	05:00 PM - 06:00 PM	Ballet Off-Ice	Killarney	Jul 16 - Aug 6	4	\$28.00
	06:15 PM - 07:15 PM	Freeskate				
	07:15 PM - 07:30 PM	Group Enrichment				
Wednesday	06:30 PM - 07:30 PM	Fitness Off-Ice	Sunset	Jul 3 - Aug 7	6	\$42.00
	08:00 PM - 09:00 PM	Freeskate				
Thursday	05:00 PM - 06:00 PM	Stretch Off-Ice	Killarney	Jul 18 - Aug 8	4	\$28.00
	06:15 PM - 07:15 PM	Freeskate				
	07:15 PM - 07:30 PM	Group Enrichment				
Friday	08:00 AM - 08:45 AM	Open Freeskate	Killarney	Jul 19 - Aug 9	4	\$35.00
	08:45 AM - 09:30 AM	Open Freeskate				
	09:30 AM - 09:45 AM	Open Group Enrichment				
	10:00 AM - 10:45 AM	Open Jump Off-Ice				
	06:15 PM - 07:15 PM	Pilates Off-Ice	** Sunset & Killarney	Jul 5 - Aug 9	6	\$42.00
	07:30 PM - 08:30 PM	Freeskate				
	08:30 PM - 08:45 PM	Group Enrichment				

* Group Enrichment is together with the Senior skaters.

** July 5 & 12 will take place at Sunset Arena, with the remaining at Killarney Rink for the rest of the term.

Addresses:

Killarney Rink
6260 Killarney St, Vancouver, BC V5S 2X7

Britannia Rink
1661 Napier St, Vancouver, BC V5L4X4

Sunset Arena
390 E 51st Ave, Vancouver, BC V5X 1C5

Off-Ice Locations	
Jump	rinkside
Ballet	rm 151
Fitness	upstairs
Stretch	rm 203
Pilates	rm 203

Last updated: June 19, 2024

August Off-Season 2024 Schedule Junior



Week	Date	Time	Session Type	Location	Price
1	Monday, August 12	12:15 PM - 01:15 PM	Jump Off-Ice	Sunset	\$7.00
		01:30 PM - 02:15 PM	Freeskate		\$12.00
		02:15 PM - 02:30 PM	Group Enrichment *		\$12.00
	Tuesday, August 13	04:00 PM - 04:45 AM	Ballet Off-Ice	Brittania	\$6.00
		05:00 PM - 05:15 PM	Group Enrichment		\$15.00
		05:15 PM - 06:15 PM	Freeskate		\$15.00
	Wednesday, August 14	05:15 PM - 06:15 PM	Fitness Off-Ice	Sunset	\$7.00
		06:30 PM - 06:45 PM	Group Enrichment		\$15.00
		06:45 PM - 07:45 PM	Freeskate		\$15.00
	Thursday, August 15	04:00 PM - 04:45 PM	Freeskate	Sunset	\$9.00
		05:00 AM - 05:45 PM	Stretch Off-Ice		\$6.00
		05:15 PM - 06:15 PM	Pilates Off-Ice		\$7.00
Friday, August 16	06:30 PM - 07:30 PM	Freeskate	Sunset	\$12.00	
2	Monday, August 19	10:00 AM - 11:00 AM	Open Freeskate	Trout Lake	\$12.00
		11:00 AM - 12:00 PM			\$12.00
	Tuesday, August 20	10:00 AM - 11:00 AM			\$12.00
		11:00 AM - 12:00 PM			\$12.00
	Wednesday, August 21	10:00 AM - 11:00 AM			\$12.00
		11:00 AM - 12:00 PM			\$12.00
	Thursday, August 22	10:00 AM - 11:00 AM			\$12.00
		11:00 AM - 12:00 PM			\$12.00
	Friday, August 23	10:00 AM - 11:00 AM			\$12.00
		11:00 AM - 12:00 PM			\$12.00

* Group Enrichment is together with the Senior skaters.

Addresses:

Sunset Arena

390 E 51st Ave, Vancouver, BC V5X 1C5

Brittania Rink

1661 Napier St, Vancouver, BC V5L4X4

Trout Lake Rink

3360 Victoria Dr, Vancouver, BC V5N 4M4

Last updated: Aug 10, 2024

August Off-Season 2024 Schedule Senior



Week	Date	Time	Session Type	Location	Price
1	Monday, August 12	02:15 PM - 02:30 PM	Group Enrichment *	Sunset	\$15.00
		02:30 PM - 03:30 PM	Freeskate		
		03:45 PM - 04:45 PM	Jump Off-Ice		
	Tuesday, August 13	05:00 PM - 06:00 PM	Ballet Off-Ice	Brittania	\$15.00
		06:15 PM - 07:15 PM	Freeskate		
		07:15 PM - 07:30 PM	Group Enrichment		
	Wednesday, August 14	06:15 PM - 07:15 PM	Fitness Off-Ice	Sunset	\$7.00
		07:45 PM - 08:45 PM	Freeskate		
		08:45 PM - 09:00 PM	Group Enrichment		
	Thursday, August 15	04:45 PM - 05:30 PM	Freeskate	Sunset	\$9.00
		05:45 PM - 06:45 PM	Stretch Off-Ice		
		06:15 PM - 07:15 PM	Pilates Off-Ice		
	Friday, August 16	07:30 PM - 08:30 PM	Freeskate	Sunset	\$15.00
		08:30 PM - 08:45 PM	Group Enrichment		
10:00 AM - 11:00 AM					
2	Monday, August 19	11:00 AM - 12:00 PM			\$12.00
		10:00 AM - 11:00 AM			\$12.00
	Tuesday, August 20	11:00 AM - 12:00 PM			\$12.00
		10:00 AM - 11:00 AM			\$12.00
	Wednesday, August 21	11:00 AM - 12:00 PM	Open Freeskate	Trout Lake	\$12.00
		10:00 AM - 11:00 AM			\$12.00
	Thursday, August 22	11:00 AM - 12:00 PM			\$12.00
		10:00 AM - 11:00 AM			\$12.00
	Friday, August 23	11:00 AM - 12:00 PM			\$12.00
		10:00 AM - 11:00 AM			\$12.00

* Group Enrichment is together with the Junior skaters.

Addresses:

Sunset Arena

390 E 51st Ave, Vancouver, BC V5X 1C5

Brittania Rink

1661 Napier St, Vancouver, BC V5L4X4

Trout Lake Rink

3360 Victoria Dr, Vancouver, BC V5N 4M4

Last updated: Aug 10, 2024